



The OATS Board and Diversity and Inclusion Committee have started a list of resources (movies, videos, webinars, articles, etc) for our members who may be looking for a starting point to educate themselves on racism and social injustices in the Black community.

The NATA also has compiled a list of cultural sensitivity resources at:
<https://www.nata.org/professional-interests/diversity/resources>

NATA Cultural Sensitivity Resource List:

- ["Teaching, Learning Cultural Competency"](#) NATA News, April 2020 (pdf)
- ["Why Words Matter"](#) NATA News, March 2018 (pdf)
- ["Why Patient Values Matter in Clinical Decision Making"](#) NATA News, October 2017 (pdf)
- ["Compassionate Care for All"](#) infographic (pdf)
- [Compassionate Care for All blog series](#)
 - [Cultural Competency in... Religion?](#)
 - [Understanding Implicit Bias in Health Care](#)
 - [Socioeconomic Status & Health Care](#)
 - [Compassionate Language: Why Words Matter](#)
 - [Cultural Competence and Diversity in Athletic Training](#) (pdf)

Movies and Videos

13th is a 2016 American documentary film directed by Ava DuVernay. The film explores the intersection of race, justice and mass incarceration in the United States. The film originally was only available to Netflix subscribers. However Netflix has recently made it available to everyone free through YouTube.com (<https://www.youtube.com/watch?v=krfcq5pF8u8&t=5s>)

Articles

White Privilege: Unpacking the Invisible Knapsack by Peggy McIntosh- For anyone who has not ever really thought much about their white privilege, this article provides an extensive list of the ways white privilege plays out in everyday life. It's a good eye-opener for a beginner.

Webinars

Specific to educators CORA Learning has produced a webinar entitled **"Addressing Anti-Blackness on Campus: Implications for Educators and Institutions"**. This webinar discusses the current state of racism on American Campuses and provides many actionable

items that could be implemented to address Anti-Blackness. The free webinar can be found at <https://www.youtube.com/watch?v=XLfJME7gnKk&feature=youtu.be>

The **Black Minds Matter** organization is sponsoring a **free** 5-part online course on addressing anti-blackness on college campuses. The webinar will be held July 16, 23 and 30; August 6 & 13 – 11-12:30 pm PST. You can register for the course at <http://bit.ly/3efELFd>

Anti-Racism and Allyship for Rehab and Movement Professionals: A brief history of white supremacy's effect on the healthcare system and healthcare education and what it means to be culturally competent in the workplace. The stages of allyship and the steps you can take in each stage pertaining to your profession, how to use your privilege inside of your workplace and for your client base, and resources to further your antiracism work personally and professionally

- <https://www.crowdcast.io/e/Anti-Racism&AllyshipforRehabandMovementProfessionals/1>

Websites and Videos

The “**Black Mind Matters**” site (<https://jlukewood.com/black-minds-matter/>) is specific to educators and provides resources for additional readings, webinars and information about addressing anti-blackness on college campuses.

Understanding My Privilege- A TedX Talk by Susan E. Borrego This is a 13 minute video that is a good, relatively quick talk from a white woman who describes her own discovery of the concept of privilege. Her story is much like that of many white people who have not had to think about privilege as much in the past so this can serve as a reminder that a beginner in this topic is certainly not alone. (<https://www.youtube.com/watch?v=XIRxqC0Sze4>)

Systemic Racism Explained – This is a TED Ed video that is approximately 4 minutes in length. The video is for those who are just learning about the concept of systemic racism. This short cartoon provides a really clear explanation of the ways systemic racism plays out through generations, looking at the privileges and opportunities of two young men, one from a white family and one from a black family. This video serves as a really accessible way to begin thinking and learning about systemic racism. (https://ed.ted.com/best_of_web/j7Tzdz8r)

“**Rising from the Margins**” – (<https://www.youtube.com/watch?v=c9zngxcdT8>). The Pacific University Student Counseling Center presents Rising from the Margins, an exploration of the COVID-19 pandemic through the lens of diversity and inclusion.

Books

So you want to talk about race by Ijeoma Oluo. Each chapter title is a question about race in contemporary America. Oluo outlines her opinions on the topics as well as advice about how to talk about the issues.